

# Lessons Learned



— MECHANICAL CONTRACTORS —

Date: 7/12/2023

Region: Mountain

Project: X1426 GTS Warehouse

Incident Title: Lost His Grip Caused the Slip

## Summary

Employee was delivering an empty cart to a loading dock. While pulling the cart off the dock and onto the truck from the plywood (see picture), he lost his grip, fell backwards, caught himself, and suffered a partial tear to his ligament and a closed fracture to his wrist.



## What Went Right?

- Reported right away.
- Did not fall from height, same level fall.
- Got medical attention right away.

## What Went Wrong?

- Employee tried to pull cart off truck instead of pushing the cart.
- Inexperience with loading and unloading did not allow employee to consider pushing cart in lieu of pulling.

## Lessons Learned

- Pulling can result in loss of control, especially if you lose your grip. Pushing can be slower but in most cases, can be safer regarding force applied and grip being maintained.
- Provide discussion with inexperienced employees about loading and unloading per task to allow for consideration of best practices and build experience.