

Tools for Life – Weekly Health & Safety Meeting



Home Healthy - Home Safe

Date: August 2022

Fondations of Team Building - Relationship Health 3

Teams work when they work together. If this seems intuitive, then why do organizations continuously struggle with unsuccessful teams? To understand this, we must remember people are the foundation of teams. Like any other human endeavor, developing a productive and high-functioning team takes disciplined practice. People are diverse in background, personality, and point of view. Teamwork can result in rocky interpersonal relations as members learn about each other's work styles, hot buttons, and personal values

Top 5 Reason Teams Fail

- Poor Communication
- Lack of Vision
- Lack of Decision Making
- Lack of interest
- Lack of Empowerment

Successful teams unite around a clear objective and work together to achieve it. They share responsibility, develop trust and respect for each other, contribute their efforts and skills to reach a common goal. The foundations of team building include:

1. **Communication:** Effective communication is the most important part of teamwork and involves consistently updating each person and never assuming that everyone has the same information. Being a good communicator also means being a good listener.
2. **Delegation:** Teams that work well together understand the strengths and weaknesses of each team member. One of the benefits of strong teamwork is that team leaders and members are adept at identifying all aspects of a project and allocating tasks to the most appropriate team members.
3. **Efficiency:** A strong and cohesive team develops systems that allow them to collaborate efficiently to complete tasks in a timely manner.
4. **Ideas:** When a team works well together, colleagues feel more comfortable offering suggestions and ideas. A respectful and trusting team environment will not only enable colleagues to think more creatively but will lead to more productive and collaborative brainstorming sessions.
5. **Support:** All workplaces provide challenges but having a strong team environment in place can act as a support mechanism for the team.

HEALTHY OR SAFETY REMINDER: 4 Laws of Combat for Team Success – Cover and Move – Keep it Simple – Prioritize and Execute – Decentralize Command -

Discussion Points

1. What are the 4 laws of Combat?
2. What is the most common reasons you see teams fail?
3. Discuss some challenges you have with you team.

