

Tools for Life – Weekly Health & Safety Meeting



Home Healthy - Home Safe

October 2021

Respect

RESPECT- due regard for the feelings, wishes, rights, or traditions of others.

We are all humans with varying life experiences, but each of our journeys has brought us to the same place and time to share our workplaces and make our mark. What kind of mark we leave is up to us as individuals. What a boring world it would be if we all had the same life experiences and the same beliefs. The true advantage of having **Regard, Respect** and **Resolve** toward our colleagues is getting the benefit of their shared experiences and knowledge. We get a diversity of thoughts, ideas, and approaches to situations. We want all our team members to adhere to these words when communicating with each other.

Regard for one another. **Respectful** communications. And all of us **Resolving** to do better and clear-up issues as they might arise, as quickly and kindly as possible.

We are all sharing this worksite and creating our own on-site community, so to speak. It is important for the livelihood and success of the project, and of every individual, that we create a culture of care within this community. Respectfully working in partnership with others encourages a culture where everyone receives respect, can communicate in a positive and productive way, can work effectively, and can voice their views.

Considering how we individually demonstrate and promote a care culture helps us to acknowledge that everyone on site adds value and deserves respect as well as an opportunity to contribute. This discussion is important because it helps everyone feel more comfortable and confident in speaking-up and sharing new ideas without fear of being bullied, harassed, and/or intimidated.

HEALTHY OR SAFETY REMINDER: We could all do better at appreciating what others bring to our community. It is imperative that we allow for meaningful dialog while also doing so in a safe and productive manner that does not make others feel threatened.

If you have concerns about the work environment, please report it to your supervisor or a designated Human Resources representative. Speaking up not only helps you, but it also helps our community!

Discussion Points/Quiz Questions:

1. What are some non-verbal ways to show respect for someone?
2. How can we shift our communication style to demonstrate respect even when in disagreement?