

Tools for Life – Weekly Health & Safety Meeting



Home Healthy - Home Safe

August 2021

Required COVID 19 Training

In June 2021, OSHA updated its guidance on preventing the spread of COVID-19 in the workplace. Most state run OSHA plans followed suit meeting or exceeding OSHA guidance. The primary goal of the guidance is to help employers protect unvaccinated and/or high risk workers.

This updated guidance helps employers protect unvaccinated workers by continuing to monitor for symptoms, wear face coverings over the nose and mouth, maintain physical distancing, quarantine after exposure to COVID-19, and practice good personal hygiene. There are also changes that require training, documentation of tracking close contacts, and notifications for outbreaks of 10 or more workers. This Tools for Life covers the required training elements.

COVID-19 Basic Training

- COVID-19 is a highly infectious disease (delta variant is 50% more contagious) that spreads primarily through the air especially when an infected person sneezes, coughs, talks, sings, or exhales. It is less likely to be transmitted by touching contaminated objects and then touching your eyes, nose, or mouth. The disease can be spread by persons who have no symptoms or who do not know they are infected. Particles containing the virus can travel more than 6 feet, especially indoors and in dry conditions. The CDC estimates that over 50% of the spread of the virus is by individuals with no symptoms.
- Employers are required to have a COVID-19 Prevention Plan. Apollo has incorporated COVID-19 prevention tactics into our JSA's and Supervisors Guidance documents. We have increased ventilation in our administrative buildings and job trailers where feasible. We have enhanced cleaning programs for high touch surfaces.
- All workers have the right to a safe and healthful work environment. If you have any questions about Apollo's COVID-19 Prevention Plan speak to your supervisor or your Health and Safety Manager. You have the right to ask questions without fear of retaliation.
- Vaccination is the key in a multi-layered approach to protecting workers. However, if you are unvaccinated or otherwise at-risk follow recommended precautions such as wearing face covers, maintaining 6 feet of physical distance from other persons, practicing good personal hygiene and washing your hands often. Always cover your mouth and nose with a tissue or inside of elbow when you cough or sneeze and DO NOT SPIT.
- All employees must monitor their health daily and be alert for COVID-19 symptoms. Report any symptoms, close contacts or illness to your supervisor preferably before coming to work. If you become ill at work, notify your supervisor as soon as possible and isolate from all other workers.
- All workers regardless of vaccination status should wear face coverings in enclosed vehicles unless traveling alone.
- Apollo is required to report COVID-19 infections and deaths that occurred due to work related transmission. If you have been sick or were in close contact with an infected worker, you may receive a phone call from Health and Safety Manager to ensure that we comply with this requirement.

This training is required. Please document your attendees and the trainers name on the attached sheet.